

South Jersey Race Timing LLC  
SJTiming.Com

SPEAK ALL ABILITIES 5K  
Saturday April 12th 2014

Place	No.	Name	G	Ag	City	St	Div/Tot	Div	Time	Pace	Gen/Tot	G
1	262	JASON COHEN	M	37	VOORHEES	NJ	MALE	WINNER	20:55	6:44	1/26	M
2	282	MICHAEL MCDONNELL	M	29	COLLINGSWOOD	NJ	1/6	M2029	21:46	7:01	2/26	M
3	295	GREGORY SELTZER	M	37	VOORHEES	NJ	1/6	M3039	22:14	7:10	3/26	M
4	255	NETZER AREV	M	25	MARLTON	NJ	2/6	M2029	23:43	7:38	4/26	M
5	317	MICHAEL R FLAHERTY	M	21	VOORHEES	NJ	3/6	M2029	24:20	7:50	5/26	M
6	283	BRIAN MCGORY	M	43	MARLTON	NJ	1/4	M4049	24:44	7:58	6/26	M
7	302	SEAN VALENTINO	M	19	SICKLERVILLE	NJ	1/4	M1519	25:18	8:09	7/26	M
8	298	LISA TORRENCE	F	33	VOORHEES	NJ	FEMALE	WINNER	25:33	8:14	1/33	F
9	300	BILLY VALENTINO	M	12	SICKLERVILLE	NJ	1/1	M0114	25:35	8:15	8/26	M
10	265	TRISH COWAN	F	32	MOUNT EPHRAIM	NJ	1/9	F3039	25:38	8:15	2/33	F
11	321	SHANNON FERRANTE	F	41	VOORHEES	NJ	1/5	F4049	25:42	8:17	3/33	F
12	314	RYAN COLLINS	M	24	BLACKWOOD	NJ	4/6	M2029	25:46	8:18	9/26	M
13	267	MARLEE DANNENBAUM	F	16	VOORHEES	NJ	1/7	F1519	25:52	8:20	4/33	F
14	272	MICHAEL FRIEDMAN	M	38	VOORHEES	NJ	2/6	M3039	25:54	8:21	10/26	M
15	294	BRANDI SELTZER	F	32	VOORHEES	NJ	2/9	F3039	25:58	8:22	5/33	F
16	316	ANDY COHEN	M	48	VOORHEES	NJ	2/4	M4049	25:59	8:22	11/26	M
17	254	COURTNEY AMBURG	F	23	STRATFORD	NJ	1/2	F2029	26:00	8:22	6/33	F
18	311	MATT ZWINGRAF	M	25	HAMILTON	NJ	5/6	M2029	26:31	8:32	12/26	M
19	266	MARK DANNENBAUM	M	53	VOORHEES	NJ	1/4	M5059	27:09	8:45	13/26	M
20	323	JENNY SHEPPARD	F	15	RYDAL	PA	2/7	F1519	27:09	8:45	7/33	F
21	313	ERIN HOAG	F	19	BERLIN	NJ	3/7	F1519	28:07	9:03	8/33	F
22	310	MARTY YOUNG	M	51	MARLTON	NJ	2/4	M5059	28:24	9:09	14/26	M
23	260	KARLYNN BORDEN	F	14	GIBBSBORO	NJ	1/5	F0114	28:28	9:10	9/33	F
24	269	JENNY DORN	F	35	CHERRY HILL	NJ	3/9	F3039	28:56	9:19	10/33	F
25	287	BELEM OJEDA	F	31	MARLTON	NJ	4/9	F3039	28:59	9:20	11/33	F
26	257	RICH BELLSHOT	M	53	MARLTON	NJ	3/4	M5059	29:00	9:20	15/26	M
27	281	JESSICA MARKUS	F	32	VOORHEES	NJ	5/9	F3039	29:09	9:23	12/33	F
28	296	TIM SMITH	M	46	VOORHEES	NJ	3/4	M4049	29:33	9:31	16/26	M
29	318	JUSTIN BEYER	M	37	MARLTON	NJ	3/6	M3039	29:37	9:32	17/26	M
30	309	DIANE YOUNG	F	46	MARLTON	NJ	2/5	F4049	29:42	9:34	13/33	F
31	289	ROBERT ROSSI	M	46	SHAMONG	NJ	4/4	M4049	29:51	9:37	18/26	M
32	278	JOHN MAFFEI	M	16	VOORHEES	NJ	2/4	M1519	30:02	9:40	19/26	M
33	319	JOE KENDORSKI	M	34	MT LAUREL	NJ	4/6	M3039	30:04	9:41	20/26	M
34	256	LUZ ELENA BASSOULO	F	38	MARLTON	NJ	6/9	F3039	30:14	9:44	14/33	F
35	320	SHELBY KLEINMAN	F	34	CHERRY HILL	NJ	7/9	F3039	30:49	9:56	15/33	F
36	304	ANN WARSING	F	72	MAPLE SHADE	NJ	1/2	F6099	31:01	9:59	16/33	F
37	308	LISA WINKLER	F	55	CHERRY HILL	NJ	1/2	F5059	31:20	10:05	17/33	F
38	280	BETH MARKOE	F	59	CHERRY HILL	NJ	2/2	F5059	31:25	10:07	18/33	F
39	288	DAN ROSS	M	36	BELLMAWR	NJ	5/6	M3039	31:36	10:11	21/26	M
40	273	ALISON HOAG	F	16	BERLIN	NJ	4/7	F1519	31:50	10:15	19/33	F
41	253	GABRIELA ALLEN	F	17	GIBBSBORO	NJ	5/7	F1519	31:51	10:15	20/33	F
42	306	STELLA WILKINSON	F	12	VOORHEES	NJ	2/5	F0114	34:04	10:58	21/33	F
43	279	JOSEPH MAFFEI	M	17	VOORHEES	NJ	3/4	M1519	35:58	11:35	22/26	M
44	305	DEBORAH WELLINGS	F	45	VOORHEES	NJ	3/5	F4049	36:01	11:36	22/33	F
45	315	DAVID CHILDS	M	18	BERLIN	NJ	4/4	M1519	36:03	11:37	23/26	M
46	299	EDWARD TROTTER	M	39	VOORHEES	NJ	6/6	M3039	36:27	11:44	24/26	M
47	259	TYLER BONONNO	M	29	DEVON	PA	6/6	M2029	36:58	11:54	25/26	M
48	258	SAMANTHA BONONNO	F	30	DEVON	PA	8/9	F3039	37:00	11:55	23/33	F
49	322	WADE COTTEN	M	56	VOORHEES	NJ	4/4	M5059	37:02	11:56	26/26	M
50	261	TRACY BORDEN	F	46	GIBBSBORO	NJ	4/5	F4049	37:49	12:11	24/33	F

Place	No.	Name	G	Ag	City	St	Div/Tot	Div	Time	Pace	Gen/Tot	G
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51	297	ANNA SULPIZIO	F 18	GIBBSBORO	NJ	6/7	F1519	38:01	12:15	25/33	F
52	263	MIA COHEN	F 11	VOORHEES	NJ	3/5	F0114	38:30	12:24	26/33	F
53	264	MICHELLE COHEN	F 36	VOORHEES	NJ	9/9	F3039	39:04	12:35	27/33	F
54	277	MORGAN KRRAWICZ	F 14	VOORHEES	NJ	4/5	F0114	39:09	12:36	28/33	F
55	301	PAMELA VALENTINO	F 48	SICKLERVILLE	NJ	5/5	F4049	39:22	12:41	29/33	F
56	268	CANDY DIBARTOLOMEO	F 64	VOORHEES	NJ	2/2	F6099	41:39	13:25	30/33	F
57	303	SUZANNE VALENTINO	F 24	SICKLERVILLE	NJ	2/2	F2029	42:08	13:34	31/33	F
58	276	MARLENE KRRAWICZ	F 17	VOORHEES	NJ	7/7	F1519	56:38	18:14	32/33	F
59	312	MICHAELA OLIVO	F 14	VOORHEES	NJ	5/5	F0114	56:38	18:14	33/33	F

\*\*\*\*\* AWARDS LIST \*\*\*\*\*

\*\*\*\*\* FEMALE OVERALL RESULTS \*\*\*\*\*

1 298 LISA TORRENCE 33 VOORHEES NJ 25:33

\*\*\*\*\* MALE OVERALL RESULTS \*\*\*\*\*

1 262 JASON COHEN 37 VOORHEES NJ 20:55

FEMALE AGE GROUP 00 - 14 (Awards Top 3)

1	23	260	KARLYNN BORDEN	14	GIBBSBORO	NJ	28:28
2	42	306	STELLA WILKINSON	12	VOORHEES	NJ	34:04
3	52	263	MIA COHEN	11	VOORHEES	NJ	38:30
4	54	277	MORGAN KRRAWICZ	14	VOORHEES	NJ	39:09
5	59	312	MICHAELA OLIVO	14	VOORHEES	NJ	56:38

MALE AGE GROUP 00 - 14 (Awards Top 3)

1 9 300 BILLY VALENTINO 12 SICKLERVILLE NJ 25:35

FEMALE AGE GROUP 15 - 19 (Awards Top 3)

1	13	267	MARLEE DANNENBAUM	16	VOORHEES	NJ	25:52
2	20	323	JENNY SHEPPARD	15	RYDAL	PA	27:09
3	21	313	ERIN HOAG	19	BERLIN		28:07
4	40	273	ALISON HOAG	16	BERLIN	NJ	31:50
5	41	253	GABRIELA ALLEN	17	GIBBSBORO	NJ	31:51

MALE AGE GROUP 15 - 19 (Awards Top 3)

1	7	302	SEAN VALENTINO	19	SICKLERVILLE	NJ	25:18
2	32	278	JOHN MAFFEI	16	VOORHEES	NJ	30:02
3	43	279	JOSEPH MAFFEI	17	VOORHEES	NJ	35:58
4	45	315	DAVID CHILDS	18	BERLIN	NJ	36:03

FEMALE AGE GROUP 20 - 29 (Awards Top 3)

1	17	254	COURTNEY AMBURG	23	STRATFORD	NJ	26:00
2	57	303	SUZANNE VALENTINO	24	SICKLERVILLE	NJ	42:08

MALE AGE GROUP 20 - 29 (Awards Top 3)

1	2	282	MICHAEL MCDONNELL	29	COLLINGSWOOD	NJ	21:46
2	4	255	NETZER AREV	25	MARLTON	NJ	23:43
3	5	317	MICHAEL R FLAHERTY	21	VOORHEES	NJ	24:20
4	12	314	RYAN COLLINS	24	BLACKWOOD	NJ	25:46
5	18	311	MATT ZWINGRAF	25	HAMILTON	NJ	26:31

FEMALE AGE GROUP 30 - 39 (Awards Top 3)

1	10	265	TRISH COWAN	32	MOUNT EPHRAIM	NJ	25:38
2	15	294	BRANDI SELTZER	32	VOORHEES	NJ	25:58
3	24	269	JENNY DORN	35	CHERRY HILL	NJ	28:56
4	25	287	BELEM OJEDA	31	MARLTON	NJ	28:59
5	27	281	JESSICA MARKUS	32	VOORHEES	NJ	29:09

MALE AGE GROUP 30 - 39 (Awards Top 3)

1 3 295 GREGORY SELTZER 37 VOORHEES NJ 22:14

2	14	272	MICHAEL FRIEDMAN	38	VOORHEES	NJ	25:54
3	29	318	JUSTIN BEYER	37	MARLTON	NJ	29:37
4	33	319	JOE KENDORSKI	34	MT LAUREL	NJ	30:04
5	39	288	DAN ROSS	36	BELLMAWR	NJ	31:36

FEMALE AGE GROUP 40 - 49 (Awards Top 3)

1	11	321	SHANNON FERRANTE	41	VOORHEES	NJ	25:42
2	30	309	DIANE YOUNG	46	MARLTON	NJ	29:42
3	44	305	DEBORAH WELLINGS	45	VOORHEES	NJ	36:01
4	50	261	TRACY BORDEN	46	GIBBSBORO	NJ	37:49
5	55	301	PAMELA VALENTINO	48	SICKLERVILLE	NJ	39:22

MALE AGE GROUP 40 - 49 (Awards Top 3)

1	6	283	BRIAN MCGORY	43	MARLTON	NJ	24:44
2	16	316	ANDY COHEN	48	VOORHEES	NJ	25:59
3	28	296	TIM SMITH	46	VOORHEES	NJ	29:33
4	31	289	ROBERT ROSSI	46	SHAMONG	NJ	29:51

FEMALE AGE GROUP 50 - 59 (Awards Top 3)

1	37	308	LISA WINKLER	55	CHERRY HILL	NJ	31:20
2	38	280	BETH MARKOE	59	CHERRY HILL	NJ	31:25

MALE AGE GROUP 50 - 59 (Awards Top 3)

1	19	266	MARK DANNENBAUM	53	VOORHEES	NJ	27:09
2	22	310	MARTY YOUNG	51	MARLTON	NJ	28:24
3	26	257	RICH BELLSHOT	53	MARLTON	NJ	29:00
4	49	322	WADE COTTEN	56	VOORHEES	NJ	37:02

FEMALE AGE GROUP 60 - 99 (Awards Top 3)

1	36	304	ANN WARSING	72	MAPLE SHADE	NJ	31:01
2	56	268	CANDY DIBARTOLOMEO	64	VOORHEES	NJ	41:39

\*\*\*\*\* FEMALE RESULTS \*\*\*\*\*

Place	No.	Name	Ag	City	St	Div/Tot	Div	Time	Pace
1	298	LISA TORRENCE	33	VOORHEES	NJ	FEMALE	WINNER	25:33	8:14
2	265	TRISH COWAN	32	MOUNT EPHRAIM	NJ	1/9	F3039	25:38	8:15
3	321	SHANNON FERRANTE	41	VOORHEES	NJ	1/5	F4049	25:42	8:17
4	267	MARLEE DANNENBAUM	16	VOORHEES	NJ	1/7	F1519	25:52	8:20
5	294	BRANDI SELTZER	32	VOORHEES	NJ	2/9	F3039	25:58	8:22
6	254	COURTNEY AMBURG	23	STRATFORD	NJ	1/2	F2029	26:00	8:22
7	323	JENNY SHEPPARD	15	RYDAL	PA	2/7	F1519	27:09	8:45
8	313	ERIN HOAG	19	BERLIN		3/7	F1519	28:07	9:03
9	260	KARLYNN BORDEN	14	GIBBSBORO	NJ	1/5	F0114	28:28	9:10
10	269	JENNY DORN	35	CHERRY HILL	NJ	3/9	F3039	28:56	9:19
11	287	BELEM OJEDA	31	MARLTON	NJ	4/9	F3039	28:59	9:20
12	281	JESSICA MARKUS	32	VOORHEES	NJ	5/9	F3039	29:09	9:23
13	309	DIANE YOUNG	46	MARLTON	NJ	2/5	F4049	29:42	9:34
14	256	LUZ ELENA BASSOULO	38	MARLTON	NJ	6/9	F3039	30:14	9:44
15	320	SHELBY KLEINMAN	34	CHERRY HILL	NJ	7/9	F3039	30:49	9:56
16	304	ANN WARSING	72	MAPLE SHADE	NJ	1/2	F6099	31:01	9:59
17	308	LISA WINKLER	55	CHERRY HILL	NJ	1/2	F5059	31:20	10:05
18	280	BETH MARKOE	59	CHERRY HILL	NJ	2/2	F5059	31:25	10:07
19	273	ALISON HOAG	16	BERLIN	NJ	4/7	F1519	31:50	10:15
20	253	GABRIELA ALLEN	17	GIBBSBORO	NJ	5/7	F1519	31:51	10:15
21	306	STELLA WILKINSON	12	VOORHEES	NJ	2/5	F0114	34:04	10:58
22	305	DEBORAH WELLINGS	45	VOORHEES	NJ	3/5	F4049	36:01	11:36
23	258	SAMANTHA BONONNO	30	DEVON	PA	8/9	F3039	37:00	11:55
24	261	TRACY BORDEN	46	GIBBSBORO	NJ	4/5	F4049	37:49	12:11
25	297	ANNA SULPIZIO	18	GIBBSBORO	NJ	6/7	F1519	38:01	12:15
26	263	MIA COHEN	11	VOORHEES	NJ	3/5	F0114	38:30	12:24

27	264	MICHELLE COHEN	36	VOORHEES	NJ	9/9	F3039	39:04	12:35
28	277	MORGAN KRWAWICZ	14	VOORHEES	NJ	4/5	F0114	39:09	12:36
29	301	PAMELA VALENTINO	48	SICKLERVILLE	NJ	5/5	F4049	39:22	12:41
30	268	CANDY DIBARTOLOMEO	64	VOORHEES	NJ	2/2	F6099	41:39	13:25
31	303	SUZANNE VALENTINO	24	SICKLERVILLE	NJ	2/2	F2029	42:08	13:34
32	276	MARLENE KRWAWICZ	17	VOORHEES	NJ	7/7	F1519	56:38	18:14
33	312	MICHAELA OLIVO	14	VOORHEES	NJ	5/5	F0114	56:38	18:14

\*\*\*\*\* MALE RESULTS \*\*\*\*\*

Place	No.	Name	Ag	City	St	Div/Tot	Div	Time	Pace
=====	=====	=====	==	=====	==	=====	=====	=====	=====
1	262	JASON COHEN	37	VOORHEES	NJ	MALE WINNER		20:55	6:44
2	282	MICHAEL MCDONNELL	29	COLLINGSWOOD	NJ	1/6	M2029	21:46	7:01
3	295	GREGORY SELTZER	37	VOORHEES	NJ	1/6	M3039	22:14	7:10
4	255	NETZER AREV	25	MARLTON	NJ	2/6	M2029	23:43	7:38
5	317	MICHAEL R FLAHERTY	21	VOORHEES	NJ	3/6	M2029	24:20	7:50
6	283	BRIAN MCGORY	43	MARLTON	NJ	1/4	M4049	24:44	7:58
7	302	SEAN VALENTINO	19	SICKLERVILLE	NJ	1/4	M1519	25:18	8:09
8	300	BILLY VALENTINO	12	SICKLERVILLE	NJ	1/1	M0114	25:35	8:15
9	314	RYAN COLLINS	24	BLACKWOOD	NJ	4/6	M2029	25:46	8:18
10	272	MICHAEL FRIEDMAN	38	VOORHEES	NJ	2/6	M3039	25:54	8:21
11	316	ANDY COHEN	48	VOORHEES	NJ	2/4	M4049	25:59	8:22
12	311	MATT ZWINGRAF	25	HAMILTON	NJ	5/6	M2029	26:31	8:32
13	266	MARK DANNENBAUM	53	VOORHEES	NJ	1/4	M5059	27:09	8:45
14	310	MARTY YOUNG	51	MARLTON	NJ	2/4	M5059	28:24	9:09
15	257	RICH BELLSHOT	53	MARLTON	NJ	3/4	M5059	29:00	9:20
16	296	TIM SMITH	46	VOORHEES	NJ	3/4	M4049	29:33	9:31
17	318	JUSTIN BEYER	37	MARLTON	NJ	3/6	M3039	29:37	9:32
18	289	ROBERT ROSSI	46	SHAMONG	NJ	4/4	M4049	29:51	9:37
19	278	JOHN MAFFEI	16	VOORHEES	NJ	2/4	M1519	30:02	9:40
20	319	JOE KENDORSKI	34	MT LAUREL	NJ	4/6	M3039	30:04	9:41
21	288	DAN ROSS	36	BELLMAWR	NJ	5/6	M3039	31:36	10:11
22	279	JOSEPH MAFFEI	17	VOORHEES	NJ	3/4	M1519	35:58	11:35
23	315	DAVID CHILDS	18	BERLIN	NJ	4/4	M1519	36:03	11:37
24	299	EDWARD TROTTER	39	VOORHEES	NJ	6/6	M3039	36:27	11:44
25	259	TYLER BONONNO	29	DEVON	PA	6/6	M2029	36:58	11:54
26	322	WADE COTTEN	56	VOORHEES	NJ	4/4	M5059	37:02	11:56